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On Jesse,
Love and
Texas Life

what to do for
stretch marks

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Treatment “There’s no great topical solution,” says Beverly Hills dermatologist **Debra Luftman**, who recommends a series of laser treatments instead (see page 435). That said, moisturizing can help. “It’s important to keep the skin supple,” says Luftman. Experts also recommend vitamin A–based retinoid lotions (like DDF). “Studies show they can help rebuild collagen,” says Luftman. Retinoids are not safe for pregnant women; try an oatmeal-based cream (like Aveeno) instead.

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\$3.99US

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