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SPRING AWAKENING FASHION'S EXCITING FRESH DIRECTION



1 | THE WHOLE TOOTH These days there's a lot more to "natural" dental care than Tom's of Maine toothpaste. The one-year-old Sutra Dental Spa in La Mesa, California—where patients can indulge in an oxygen bar and massages after their Invisalign fittings and veneer work—now offers cozy aromatherapy pillows and blankets in the chairs (sutrudentalspa.com). GoSmile is targeting the yoga-loving, organic-eating crowd with its Zen toothpaste, which includes soothing white cranberry extract and lavender. And in April, Crest is launching Nature's Expressions—three flavors that incorporate natural ingredients, including green tea and lemon extracts.

2 | ADVANCES IN LIPO The FDA recently approved a new liposuction technique, known as Smartlipo, that uses a laser to disrupt fat cells, causing them to liquefy. While the fat-sucking cannula tube is still used, with Smartlipo, the incision is significantly smaller and the procedure is less painful, eliminating the need for general anesthesia. There's also less unsightly loose skin afterward, because the laser tightens the skin while it melts the fat. Patients must still wear a support garment post-treatment, but for as little as two weeks instead of the standard four to six. The procedure is being performed at the Juva Skin & Laser Center in New York.

3 | MANE ACCENT It's the season of designer hair accessories. Marc Jacobs attached baubles not only to his bags but also to ponytail bands. And Donatella Versace created gold barrettes with the design house's signature Medusa head. At her runway show, Versace had one clasped to the crown of each model's head in a modernized *Belle de Jour* 'do. \$215, at Versace.

4 | FEKKAI DOWNTOWN In addition to his salons in Beverly Hills, Palm Beach and midtown New York, Frédéric Fekkai now has a brand-new hair lair in New York's SoHo, above the restaurant Barolo. The 3,000-square-foot salon has an intimate layout, with the salon chairs grouped in conversation-friendly clusters. There's a coffee bar and Wi-Fi access, and clients can order a plate of antipasto or a glass of wine from the downstairs neighbor. The peripatetic celebrity hairstylist, who divides his time between Manhattan, Aspen, and Millbrook, New York, also plans on opening salons in Dallas, Los Angeles, and Greenwich, Connecticut. fredericfekai.com.

5 | NO ROUGH STUFF For those who find traditional microdermabrasion a bit too abrading, a procedure called the Silk Peel could be just the answer. A wand coated with crushed, medical-grade diamonds gently exfoliates skin while simultaneously delivering a problem-solving liquid solution, which is readily absorbed by the newly buffed skin. (A solution containing salicylic acid treats acne, one with hyaluronic acid helps dry skin, and a hydroquinone solution lightens dark spots.) Los Angeles dermatologist Debra Luftman says she has found the hyaluronic acid infusion especially beneficial when used in conjunction with the line filler Restylane. "In my experience, I have found that Restylane usually lasts six months, but with this procedure it can last for eight to nine," Luftman says.

ELLEN

America's Unlikely New It Girl