

your prom

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WHAT ARE YOU WEARING?
FIND YOUR PERFECT
PROM LOOK
HERE

J. LO, PINK, BEYONCÉ:
STEAL THEIR BEAUTY SECRETS

HOT HAIRSTYLES
YOU CAN DO YOURSELF
(we promise)

HAVE A BLAST
ON ANY BUDGET

win
THIS DRESS AND OVER
\$4,000
WORTH OF GOODIES

BONUS!
YOUR BIG NIGHT
HOROSCOPE

I have icky blackheads all over my nose. How can I make them disappear before prom?

Repeat after us: Do not squeeze! According to LA-based dermatologist Debra B. Luftman, M.D., squeezing can cause infections and scarring—neither of which are desirable prom accessories. Instead, Dr. Luftman recommends using a cleanser containing glycolic acid twice a day (try M.D. Formulations Facial Cleanser), which should get you results in about a week. The glycolic acid works as a chemical exfoliant, sloughing away dead skin cells and removing oils that can get trapped in pores—causing those icky blackheads. In need of extra zapping power? Add a weekly glycolic mask (try Gly Derm Gly Masque) to your cleansing regimen, and come prom time, your skin should be superclear. Beware: Some skin is sensitive to glycolic acid so if your face becomes irritated, discontinue use.

If over-the-counter products don't bully the blackheads, visit your dermatologist. She can perform professional extractions, which pop the little suckers out safely. Be sure to schedule this procedure a week or so before the big night: The process often causes temporary redness, so you'll want to give your skin the chance to calm down.